



Hampshire and Isle of Wight  
Sustainability and Transformation Partnership

# Hampshire and Isle of Wight Working together in 2018/19



MOVING FORWARD TOGETHER



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# Introduction

The Hampshire and Isle of Wight Sustainability and Transformation Partnership (STP) is one of 44 STPs in England, where local NHS organisations and councils have drawn up proposals to improve health and care in the areas they serve.

During 2018/19 health and care organisations across Hampshire and the Isle of Wight continued to work together as a partnership, to address the many opportunities and challenges facing us. We have been developing ways by which local people know how to stay well whilst making sure we provide safe, high quality, consistent and affordable health and care for our population.

We have worked together on projects where it makes sense to work at scale. For example, on projects where we can take advantage of economies of scale, share expertise or make better use of our finite resources.

We are tackling issues such as reducing the amount of time it takes people to recover from illness, improving the quality of care, supporting people to manage their day to day health whilst making sure we make the best possible use of tax payers money. Our plan is long-term, well-thought through, based on feedback from our local population and devised by people who work in the local NHS and social care system.

As a partnership, we are committed to ensuring health and social care services are about helping keep people well for longer – allowing them to live independent lives and avoid being admitted to hospital. This document details the progress we made in 2018/19 towards achieving our goals.



# Key achievements



Opened 11 children's hubs, where a variety of health and care professionals support parents across the area



GP appointments now available during the evening and at the weekend across Hampshire and the Isle of Wight



Achieved £190 million in savings by reducing waste and becoming more efficient



Antibiotic prescribing in primary care reduced by 20% - the biggest reduction in the country



111.nhs.uk

Mental health nurses and clinicians with specialist paediatric training now based at the 111 call centre



Introduction of our staff passport saves us £6000 every time someone moves to another role within the local system



People throughout the area can now book an appointment at their GP practice, order repeat prescriptions and view their medical record online.



We are one of two national exemplars for the way in which we offer personalisation and choice to pregnant women



Hampshire and Isle of Wight has one of the highest early diagnosis rates and as part of the Wessex Cancer Alliance the highest ten year survival rate in the country



One of the first areas in the country to have mental health services working closely with housing to ensure people can be treated safely as close to home as possible



## Community Ambassadors in North and North East Hampshire and Farnham

The Community Ambassador Programme brings together individuals, voluntary sector, faith organisations and community groups who have a large reach into and throughout the north and north eastern parts of the county.

Community ambassadors help us better understand local issues, who we need to speak to and the best way to reach them. They help us to learn from individual experiences and those with expert knowledge when developing, improving or evaluating local health services.

Our community ambassadors are involved in many ways, including but not limited to:

- supporting and shaping projects using their own lived experience, local or specialist knowledge
- reviewing, testing and developing leaflets or literature intended for patients and the public
- passing on important information through their networks.

Opposite are just some of the ambassadors supporting our work.



## Wessex Voices

We are delighted that we have been supported throughout the year by Wessex Voices, a partnership between NHS England and the five local Healthwatch. Wessex Voices was established in 2015 to transform the way local people are involved in designing and planning health services.

They have provided advice and guidance on how to make patient and public involvement more meaningful to many of the Hampshire and Isle of Wight work programmes, including cancer, mental health, children and young people, and digital.

Wessex Voices are also training our staff through their well respected Empowering Engagement Programme. This programme is supporting staff from a variety of disciplines to involve local people in their improvement projects, embedding good engagement into their day to day work.





Improving mental health through peer support

## Peer Support Worker Support Network

A peer support worker is an individual who has lived experience of a situation and can help others focus on their recovery. We have begun implementing an exciting and innovative project, seeking to provide a Peer Support Network across Hampshire and the Isle of Wight, accessible to all, irrespective of location, and which provides a consistent service across the area.

The network, hosted by Solent Mind, will provide support, advice, guidance and training to peer support workers, further progressing the work already undertaken through Building Healthcare Partnerships programme.

The network is being developed and supported by representatives from NHS England, CCGs, local authorities, voluntary sector, peer support workers and other partners.

The Network was launched in January 2019 and will begin reporting progress later in 2019/20.

## Our plans for the coming year

During 2019/20 we will be extending the ways in which we involve people by introducing an online Hampshire and Isle of Wight Citizens' Panel. The Panel will be a way for local people to share their views on a range of health and care topics and will help us reach an even wider selection of our population. This exciting development will be an opportunity for us to hear from those people with whom we don't often speak due to a variety of reasons such as their availability, accessibility issues and time constraints.



# Involving our staff

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The engagement of our workforce is key in ensuring that we utilise their expertise and experience in the way we work as a health and care system.

This year, we developed a system-wide staff partnership forum, engaging with staff representatives and unions on key issues and developments within the system. We have also held a number of workforce summits to engage a wide range of people across our system, and have covered issues such as recruitment and retention, the availability of nurses and allied health professionals and technology.

We use many different methods to share information with our workforce and to engage with them. We have undertaken a range of focus groups and surveys to gather data to inform our work around the collaborative bank (a way in which to share staff between organisations reducing the need to pay for agency staff) and flexible retirement. We have also introduced regular staff communication to keep partners informed about the developments and achievements of this work stream.

This work, along with that described on the previous page, are just a small selection of the things that we are doing to make sure the voice of local people and our staff are central to our efforts to improve health and care in Hampshire and the Isle of Wight.





**Online consultations** - Three quarters of GP practices across Hampshire and Isle of Wight now provide online consultations via their practice website. This supports patients to get to the right service first time around and helps staff by reducing admin time on the phone. 80% of people using the service say they would recommend it to their friends and family.



**GP appointments** - GP practices across Hampshire and the Isle of Wight are working together to make improvements to the care you receive. This includes providing evening and weekend appointments for all our population.



**Online appointment booking and electronic prescriptions** - People throughout Hampshire and the Isle of Wight can now book an appointment at their GP practice, order repeat prescriptions and view their medical record online.



**Smartphone apps** – We have developed a number of apps to support you in managing your health  
**My Maternity** - A digital maternity record for women and health professionals, replacing paper notes.  
**My Medical Record** – An online personal health record, used in our hospitals, which allows you to add information about your health including details which may be monitored as part of your current treatment, such as your weight or blood pressure. In some cases this may reduce the need for you to attend outpatient appointments.  
**NHS App** – this will go live across Hampshire and the Isle of Wight during 2019.



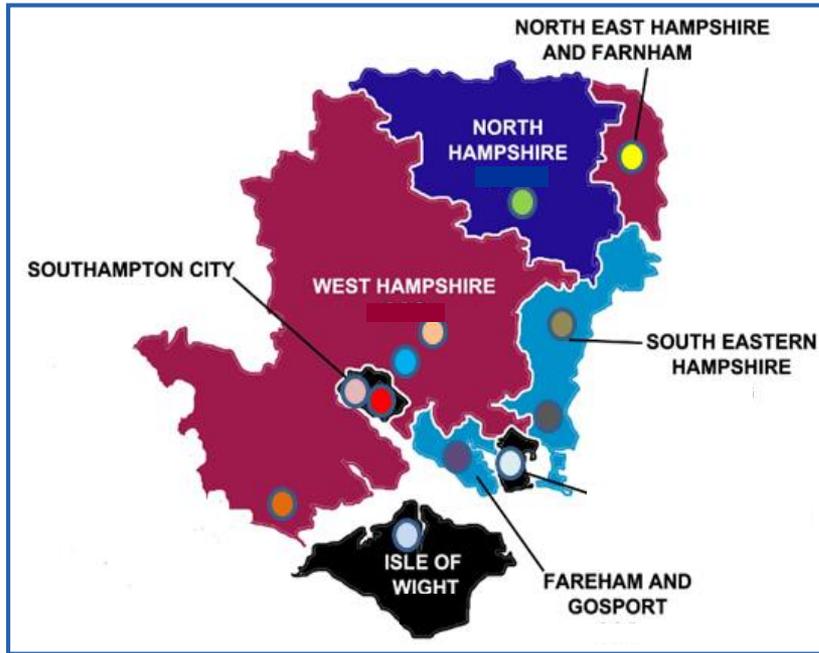
**Accessing data to improve care** - Your medical record can be accessed, when appropriate for your care, by professionals across the area. This has helped our staff to provide services more locally at community and medical centres, reducing the need for unnecessary trips to hospital whilst also reducing the need to have repeat tests.



**WiFi** - Wi-Fi access for patients and staff is now available in over 90% of NHS buildings. This enables a wider range of staff to work in local areas as well as allowing patients to access their medical records on their mobile devices.



**End of life care** - We have been working to improve the care for patients who are at the end of their life, enabling more people to leave hospital and die peacefully, with the care that they need, in a place of their choice.



**Connecting care children's hubs** – Across Hampshire and the Isle of Wight we have established 11 connecting care children's hubs. These are a one-stop service supporting children and their families to reduce the need for them to attend hospital. The hubs offer support from a variety of professionals such as GPs, paediatricians, mental health workers, school nurses, health visitors and children's dieticians and we are already seeing the benefits. Feedback from parents shows that 98% of those that have used the hubs would recommend them to friends, with 93% of hub staff saying they would recommend this new approach to colleagues. Since it started, the Chandlers Ford hub has witnessed a 13% drop in children's GP appointments, a 20% drop in the need to refer children to hospital and a 3% drop in the number of children attending A&E.



**Sexual Health** - Promotion of digital appointments for sexual health screening has resulted in an increase in uptake. This has led to infections being treated quicker, supporting a reduction in spread of sexually transmitted diseases.



**Follow-up care** - Following treatment for breast, colorectal and prostate cancer, more patients are now able to control their own follow up care, supported by training and access to clinical support. Access to online support has reduced the number of follow up appointments and enabled faster access to care when needed.



**Maternity Pioneer** – Hampshire and the Isle of Wight was given Pioneer status for personalisation and choice. This means that we have been able to test out new ways for women to receive maternity care which is centred around them and their families. Following this pioneer period we were named as one of two national exemplars.



**Care homes** - We have improved the way in which we support people living in care homes by offering additional clinical care and support in homes across Hampshire.

## **Collaborative bank**

We have developed a system-wide staff bank to help support staffing levels in our trusts and reduce the reliance on agencies. This will enable staff to book shifts in either their own or another trust in our system. This exciting project is at an early stage and will be closely monitored to understand the financial and staff benefits.

## **Reducing recruitment incentives**

We know that many of our staff move around our system for new roles. In order to stabilise our workforce and reduce competition we have ceased to offer **'golden hello'** finance incentives to staff from within the system.

## **Mental health first aid training**

We have delivered training to 180 staff across a number of sectors, including the police, increasing both awareness and knowledge of how to support people experiencing a mental health crisis or illness.

## **Education and development**

During times of change we know that we need to provide our workforce with even more support. We have therefore developed a system-wide organisational development plan and network, offering support for the development of local teams as well as system-wide issues such as values based recruitment and talent management. We have also developing education approaches across the system, including improving English language skills for overseas nurses.



## **Staff portability**

We have introduced a staff passport, which means that training, pre-employment checks and references can be carried from one organisation to another. It costs about £6,000 to perform these checks for each new member of staff. The passport therefore saves both time and money and means our staff spend more time caring for patients. Our plan is to expand the passport to social care and primary care over the coming year.

## **Recruitment and retention**

We want our staff to experience a high level of job satisfaction and we are looking at new ways to attract and retain our value workforce. Amongst the options under consideration are flexible retirement and housing.

## **Primary care workforce**

Hampshire and the Isle of Wight has been included in the national GP International Recruitment Scheme and we have a number of programmes running to support better GP recruitment and retention.

## **Nursing supply**

We have begun a system-wide nursing supply programme to address the issues our trusts face with recruiting and retaining nursing staff.



Public Health England

**NHS**

Remember to book cervical screening!

Cervical screening can stop cancer before it starts

CERVICAL SCREENING SAVES LIVES

In a drive to save lives by **improving the early diagnosis of cancer**, we are working to increase the uptake of cervical screening across Hampshire and the Isle of Wight. Working with local women to understand the reasons for not attending a screening appointment, we have been investigating ways to make appointments more accessible.

In addition, Southampton City CCG, in partnership with the Wessex Cancer Alliance, was awarded £4.75 million in funding over the next four years to support the roll out of **lung cancer health checks**.

Southampton is the only area in the south of England chosen for this new scheme and only one of ten in England.



Cancer patients who are physically fit before having surgery tend to have a better recovery. Unfortunately, cancer treatments such as chemotherapy, which patients often receive before their surgery, reduce a patient's fitness.

The **WesFit fit for surgery** programme was launched this year, providing people who have a cancer diagnosis access to an exercise programme aimed at improving their recovery after surgery. The first of its kind, the programme has attracted national and international interest.



**Living with cancer** - We are delighted to report that, in Hampshire and the Isle of Wight, more people continue to survive one year and beyond from their cancer diagnosis. In fact, we have **one of the highest early diagnosis rates** in the country with 55% of cancers diagnosed at stages 1 and 2, (Jan 2017). In addition, the Wessex Cancer Alliance, of which Hampshire and Isle of Wight is a part, have the **highest ten year survival rate in the country**.



## Reducing smoking rates

All our hospital trusts now actively encourage patients to stop smoking. As part of a Hampshire and Isle of Wight scheme, hospital staff hold discussions with patients and encourage them to stop smoking, describing the positive impacts on their health. Smoking cessation is now a core element of patient conversations, with 70% of smoking patients at our hospital trusts having received stop smoking advice. Work will continue in 2019/20 to increase the uptake of stop smoking support.



**Making every contact count (MECC)** is an approach to behaviour change that uses the millions of day to day conversations that health and care professionals have with people, to encourage positive changes in behaviour. These changes are aimed at having a positive effect on the health and wellbeing of individuals, communities and populations. This year we trained 1,041 health and care staff to hold these sometimes difficult conversations, with the people with whom they come into contact. This is a significant rise from the number of people trained last year and we will continue to support our staff to Make Every Contact Count.

## Reduce your risk of Type 2 diabetes.

**HEALTHIER YOU**  
NHS DIABETES PREVENTION PROGRAMME

**The NHS Diabetes Prevention Programme** is in action across Hampshire and the Isle of Wight, identifying and supporting people at high risk of developing Type 2 diabetes.

7,000 people have now been referred to the programme with over 3,000 people attending the initial session. People attending the course are losing an average of 3.4kg (7.5 lbs) in six months.

## The Keep Well Collaborative

The Keep Well Collaborative is a network of housing, health, social care, statutory and voluntary agencies who work together to improve the mental health and wellbeing of local communities by keeping people safe and well at home.

As part of our work we have provided key advice and guidance which has improved the quality of the services that offered by health and social care. For example, the newly launched mental health service within NHS 111 now ensures someone's home situation is taken into account to understand their overall wellbeing. We have supported collaborations between Solent NHS Trust and Vivid Housing and Southern Health NHS Foundation Trust and Winchester City Council to develop wellbeing services which keep people safe at home.

We have also facilitated training for housing staff in mental health first aid (MHFA) and Connect 5 principles to help them provide support to those vulnerable residents experiencing mental ill health that do not meet the criteria for ongoing support . This work also led to a local housing provider developing specific call centre scripting when tenants threaten suicide.

The team are also supporting work to:

- improve accommodation options for those people coming out of hospital who potentially need access to rehabilitation services/facilities
- support NHS colleagues to explore the options for key worker housing;
- support the development of a set of housing options to reduce the need to care for mental health patients far from their home;
- use health, housing and social care data across Hampshire and Isle of Wight neighbourhoods to support the development of primary and community care.



**The NHS  
non-emergency  
number**



**MHFA England**



**The Personalised Care Programme** aims to offer people greater choice and control over the way they receive health and care support. During its first year it provided over 1500 people with a personal health budget, over 8,500 now have personalised care plans and support in place, and over 20,000 people have been offered the opportunity to personalise their care (more than double the target for the year).

## Parent Health Literacy

The Healthier Together Programme continues to go from strength to strength. Led by Dr Sanjay Patel, paediatrician at University Hospital Southampton, the programme provides parents with clear and consistent advice and information to support them in making decisions about their child's health, including when and where to seek help. It also aims to provide appropriate training and education to staff, parents, children and young people through workshops, courses, the curriculum and the resources on the Healthier Together website.

Over the last twelve months use of the Healthier Together website has more than quadrupled, with A&E attendances for children remaining static whilst the national average continues to rise. Training courses for a wide variety of staff have taken place including staff in A&E, NHS 111 and GPs, all aimed at ensuring parents receive consistent advice no matter where they access care.

The impact of this initiative has been further recognised by the 20% reduction in antibiotic prescribing via primary care over the last year. Nowhere else in the country has seen such a substantial decrease.

Over the coming year the team will be expanding their training sessions to paramedics and community pharmacists, and developing advice on a wider range of illnesses.

The Healthier Together resources can be found here [what0-18.nhs.uk](https://what0-18.nhs.uk)



## RESTORE2

Recognise early soft-signs, Take observations, Respond, Escalate

West Hampshire Clinical Commissioning Group has developed RESTORE2, a practical support tool for nursing and residential homes which detects and manages patients whose condition is deteriorating. This has now been rolled out to many homes across Hampshire and the Isle of Wight, and is making sure the right decisions are made quickly when a patients condition deteriorates.

It is designed to support homes and health professionals to:

- recognise when a resident may be deteriorating or at risk of physical deterioration
- act appropriately according to the residents care plan to protect and manage the resident's health
- obtain a complete set of physical observations to inform escalation and conversations with other health professionals
- speak with the most appropriate health professional in a timely way to get the right support
- provide a concise history to health professionals to support their professional decision making.

### Winter plans

The winter of 2018/19 saw all health and care organisations in Hampshire and the Isle of Wight working together to provide the best possible services for local residents. Using systems which helped staff understand when emergency services across the area were under significant pressure whilst adapting our approach to ensuring appropriate staffing levels, saw an increase in the number of patients being seen within the four hour target over the peak winter period.

### Mental health crisis support in Portsmouth and SE Hampshire

During the year Southern Health NHS Foundation Trust and Solent NHS Trust began a project with commissioners to look at how people access our community mental health services and how improvements could be made. We undertook months of careful observations of how teams were working, including over 150 hours of workshops and consultations with hundreds of patients, carers and staff. Amongst other things, people told us that they want the same service available to all, with timely access and alternatives to being admitted to hospital. We have already started to make changes in response to these findings.

### Mental Health - A case study example

**The Willow Group in Gosport now employ a General Mental Health Practitioner (GMHP) to support patients with mental ill health. Within the GP practice, the GMHP provides early support and use of non-medical therapies in the treatment of mental health issues.**

**This additional expertise within the practice also increases the speed at which people are referred for assessment to the right mental health specialist.**

## Discharge from Hospital

Over the last two years all our hospital trusts have been focusing on reducing the amount of time people stay in hospital after being admitted in an emergency. As well as putting new processes into place to reduce hold ups, Hampshire Hospitals is looking at how it can support patients even more. Amongst other things, they now assess people for frailty in order to understand what support they might need when they're discharged. The result of this has been a reduction in the amount of time spent in hospital, a reduction in the number of patients staying more than 21 days and a reduction in the number of patients waiting to be discharged.

## Caring for you closer to home

We have established 35 groups of GP practices who are working together with community services to support people in their local area. Within these groups are dedicated teams made-up of a mixture of different health and social care professionals such as pharmacists, physiotherapists, mental health practitioners and community signposters. They provide a wide range of support to stop people having to go into hospital when they don't need to; reduce the amount of time people stay in hospital (by getting them home safely, as quickly as possible) whilst giving GPs, and all members of the team, more time to focus proactively on people with the most complex needs.

## Shared care records

With our partners in Dorset, Hampshire and the Isle of Wight is one of five areas nationally that have been chosen to develop and speed-up how we share health and care information internally to improve services. Our digital teams have built on the success of the Hampshire Health Record and upgrading the system to the new **Care and Health Information Exchange (CHIE)**. This will improve our ability to plan and offer the best care services for local people. An example of how services are already using the shared care record is detailed below in our 'Focus on Sepsis' section which would not have been possible without the ability of staff from different sectors to be able to read a patient's medical record.

## Focus on sepsis

Over the last year all our trusts have been focusing on how they improve the quality of care for patients with sepsis. At Hampshire Hospitals NHS Foundation Trust teams have worked together across the different aspects of sepsis care to improve both the safety and quality of care they provide. Key partners in this work are the Wessex Patient Safety Collaborative, South Central Ambulance Service, the Local Medical Committee, local GPs, out of hours GP services, Hampshire County Council, along with local care/nursing homes, CCGs and trusts.

This combined approach has meant that more patients are now receiving antibiotics within an hour of diagnosis, a key target in the treatment of sepsis.

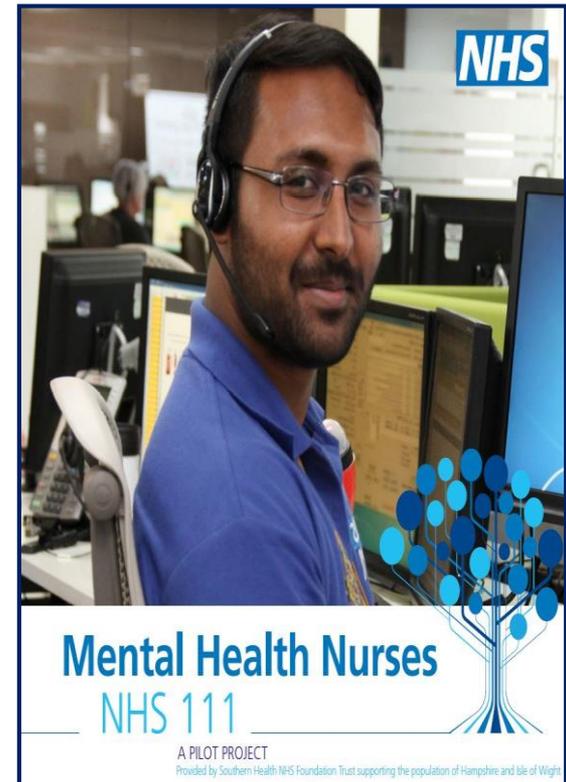


We know that when people have an urgent health need they want to speak to someone that can help them quickly. The NHS111 and 999 services are receiving more calls from people with mental health conditions and parents with unwell children than ever before. This often leads to ambulances being dispatched and people being referred to A&E and GP services. However, people have told us that this isn't what they want, they would prefer instead to receive specialist support straight away and not be sent to a busy emergency department or travel to an out of hours GP, which could, in many cases, be a worse experience for them.

To respond to this feedback we have developed two new elements to the NHS111 service. The first provides 24/7, 365 day access to mental health nurses to ensure a consistent, confident and reliable service for both children and adults. Mental health nurses are located in the operations centre of NHS111 and 999 and calls are transferred to them when the caller is assessed as possibly having a mental health need with no physical health need. Calls can last around 30 minutes, allowing the mental health nurses to support individuals into a more stable condition, either whilst they wait for further care or are in a position to look after themselves. Once the callers needs are assessed the nurses are able to refer people on to a wide range of professionals, from mental health specialists to housing specialists. This new service forms part of the wider mental health strategy across Hampshire and the Isle of Wight apart of which is a focus on offering alternative places for people to go to when they are in crisis.

The 111 service in Hampshire and Isle of Wight receives about 1500 calls every week regarding children between 0 – 5 years of age. 80% of these calls are referred to a GP, with 10% sent to A&E. Often, in less serious situations, parents are keen to look after their child at home. Therefore, we have provided paediatric training for the nurses in the 111 call centre, to help them support the parent to care for their child, if appropriate, or alternatively to direct them to the best service for their child's needs. This coming year we aim to improve this service even further by introducing video consultations and providing access to paediatric nurses.

Both of these initiatives are part of the review into urgent and emergency care, supported by all the health and care organisations in Hampshire and the Isle of Wight. It proposes a fundamental shift in the way urgent and emergency care services are provided. Improving out of hospital services, offering more care in community settings and reducing the need to attend and be admitted to hospital. Our aim is to provide an urgent and emergency care service that is safe, consistently high quality and which meets the needs of our local population.



**£3.6 million** is being invested to improve the way in which lung cancer is assessed and diagnosed across Hampshire and the Isle of Wight. This work will also increase the number of lung cancers diagnosed at an early stage, often making them more treatable.

**£1 million** has been invested in the Wesfit programme to help people on the road to recovery as soon as they receive a cancer diagnosis, rather than waiting for them to undergo treatment.

**£1 million has been secured to support GP retention.** This money has been used within local health systems to develop schemes to help doctors, who might otherwise leave the profession, remain in clinical general practice.

We have attracted **£12 million** in funding to **improve the IT capabilities** of our hospital trusts.

Additional funding has placed **pharmacy services in care homes**, to ensure the frail members of our population are taking the most appropriate medicines.

**£2.5 million** will be invested in increasing the uptake of **screening and immunisations** for harder to reach populations.

**We secured a total of £30.8 million for Hampshire and Isle of Wight in 2017/18** (Wave 3 funding)

We received:

- £17.5 million for additional theatres, a pharmacy distribution centre, improved outpatients and a single patient record.
- £10.3 million for the transfer of services to allow the sale of St. James Hospital
- £3 million for the reconfiguration of Woodhaven at Tatchbury Mount for children and adolescent mental health services.

In 2018/19 we secured **£81 million of funding** (known as Wave 4 funding).

- £10.2 million to upgrade the Burrell Centre in Winchester
- £58.3 million for a new emergency department at Portsmouth Hospital
- £15.8 million to upgrade wards in the Western Hospital in Southampton
- £2.6million to relocate the GP practice at Cosham Health Centre to a more modern site
- £2.4million for the same day access centre in Basingstoke

During the year we received a **Health Foundation Award of £75,000**. This funding was used to support a review of **inpatient and community mental health services** in order to improve outcomes for adults and older people experiencing severe mental illness. The team is using the money to develop new ways to reduce the number of people travelling out of area for acute and psychiatric intensive mental health care, instead focusing care and treatment as close to home as possible.

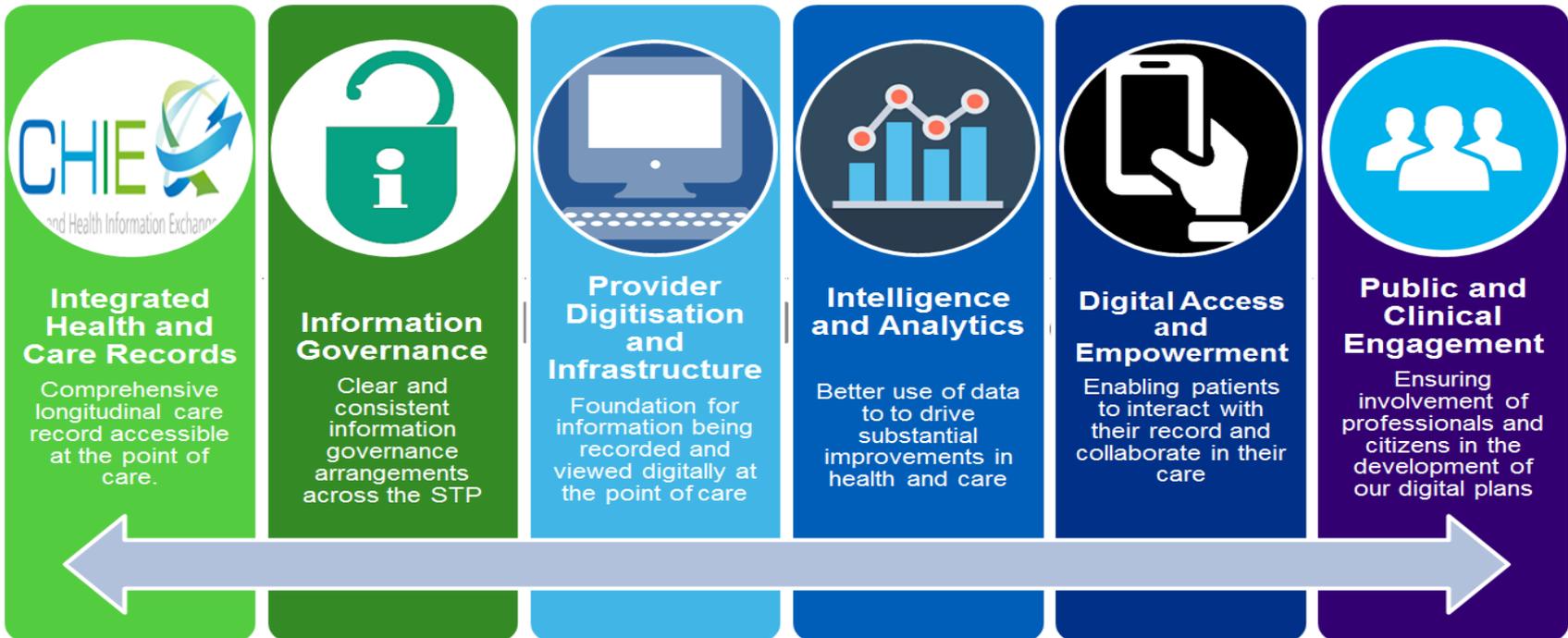
# Investing in your care – Digital Transformation 20

Over the last two years, teams from across health and care organisations in Hampshire and Isle of Wight have worked together in a new way to start to make positive changes for our citizens and our staff.

Our digital teams have brought together experts in technology, information security and data analysis, to understand the best ways in which we can share your data securely, using the right technology, to help our staff work across the area to support people in a variety of locations.

In fact, leaders of the health and care system nationally have recognised our progress and provided us with additional funding to modernise the IT in our hospitals and develop our shared care record. Our investment in technology in GP practices and community health centres is making it easier for people to access health and care professionals through access to WiFi, apps and online and video consultations.

We are delighted to have three trusts named 'Global Digital Exemplars': Hampshire Hospitals, University Hospital Southampton and South Central Ambulance Service have all received funding to invest in new technologies to improve patients' experience.



Whilst improving the quality of the care we provide is our top priority, we also want to make sure that we reduce waste and spend taxpayers money as wisely as possible. Many of the pieces of work mentioned in this document have already generated efficiencies of both time and money over the last year and we expect this to continue into 2019/20. Below are just a few examples of how we're reducing waste and becoming more efficient.



## Reducing unused and unfit buildings

During the past two years we have improved the way in which we deliver some of our services by moving them away from properties that were no longer fit for purpose. We have released a total of 3.06 hectares of unneeded land with a value of £11.9 million. We have also reduced the operating costs of our buildings by £1.3 million per annum.

This work is ongoing with a five year plan in place to identify surplus land and to reinvest in our estate.

**Online appointments** have meant that two thirds of the people using the system could be managed remotely, reducing the need to travel into the GP practice. This is saving just under 5000 GP appointments every month in Hampshire and the Isle of Wight equating to a financial saving of around £55,000 per year. We know however, that this is just the start. As more and more people know about the service we anticipate usage rising considerably with savings forecast to reach well over £1million each year. Whilst saving money this will also free up valuable GP and nurse time to spend with people with more complex needs.

**Staff portability** - The introduction of our staff passport is saving £6000 every time an employee moves within the system. Whilst in its infancy we expect to see significant savings during 2019/20.

## Improving mental health services for children and young people

During the year we implemented a six month pilot project aimed at reducing the number of children and young people admitted to hospital with severe mental illness. The project also looked at how we can make sure children and young people are cared for in an environment as close to their home as possible, reducing the amount of time spent in hospital and supporting families following discharge. By undertaking this project we not only provide local children with a better experience of care but also streamline the way we work so that mental health specialists are able to spend more time supporting young people more intensively in their home.

Overall the project generated £1.1 million savings from a £500,000 investment and is currently being refined to make sure we further improve outcomes for children.

The following organisations are supporting the delivery of sustainability and transformation programmes of work in Hampshire and the Isle of Wight:

NHS Fareham and Gosport Clinical Commissioning Group  
NHS Isle of Wight Clinical Commissioning Group  
NHS North Hampshire Clinical Commissioning Group  
NHS North East Hampshire and Farnham Clinical Commissioning Group  
NHS Portsmouth Clinical Commissioning Group  
NHS South Eastern Hampshire Clinical Commissioning Group  
NHS Southampton City Clinical Commissioning Group  
NHS West Hampshire Clinical Commissioning Group  
Hampshire County Council  
Isle of Wight Council  
Portsmouth City Council  
Southampton City Council  
NHS England and Improvement  
NHS England (HIOW)  
NHS South Central and West Commissioning Support Unit  
Hampshire and Isle of Wight GP surgeries  
Hampshire Police  
Hampshire Hospitals NHS Foundation Trust

Isle of Wight NHS Trust  
Portsmouth Hospitals NHS Trust  
Solent NHS Trust  
South Central Ambulance Service NHS Foundation Trust  
Southern Health NHS Foundation Trust  
University Hospital Southampton NHS Foundation Trust  
Care UK  
Wessex Academic Health Science Network  
Wessex Clinical Networks  
Wessex Clinical Senate  
Wessex Local Medical Committees  
Health Education Wessex  
Local voluntary and community organisations  
Hospital and community trusts in neighbouring areas  
Wessex Voices  
Healthwatch Hampshire  
Healthwatch Portsmouth  
Healthwatch Isle of Wight  
Healthwatch Southampton

For more information on any of the details within this document or to get involved in our work please email:  
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